



## Dressing Room Policy

**In abiding with the Harassment and Abuse guidelines set by the CHA, the AHA has set a dressing room policy that must to be adhered to by all of its coaching personnel**

- A parent/guardian should always have access rights to their player
- The door to the dressing room should remain unlocked in order allow access
- From Atom and down mixed genders may change in the same room at the same time with the presence of two adults.
- Players Pee wee and higher may not change in the same room at the same time and it is the responsibility of the coach to ensure all are involved in both pre-game and post-game activities.
  - If two rooms are not available there are a number of options
    - Establish a schedule for changing
    - Ask players to arrive in suitable undergarments
- A lone personnel should not be in the dressing room with players while they are showing or changing; two adults should be present together
- If personnel are in the dressing room once athletes are dressed, they should follow the two deep rule (two personnel or two athletes)
- Staff should never shower with players
- Participants from vastly different groups should never shower together
- Video or photography should never be allowed in the shower/dressing rooms while players are undressed/changing
- Players under 18 should be supervised at all times
- When players are unable to put on their own uniform or protective equipment, and that equipment is located beneath the uniform, (such as a protective cup), they should be aided by a parent/guardian or their designate
- Personnel should strongly recommend to parents/guardians/attendants of younger children or players with a disability that players arrive for games and practices fully outfitted in all equipment
- Players with a disability who can put on their equipment should be allowed to dress with the other athletes
- In cases where assistance is requested by the parent/guardian, attendant or the player, personnel must only assist
  - Within the sight of other team members/personnel/parents
  - In a manner which preserves the dignity and privacy of the players
  - In a manner where only necessary physical contact occurs
  - Where personnel will stop assisting immediately upon the player's request

**Personnel not abiding by this policy and for which a complaint is filed, will be subject to disciplinary action by the AHA**